

# The Orwell Newsletter

The Rotary Club Of Ipswich Orwell, RIBI 1339

July/August 2004

## From The President's Desk



Some two years ago, the then SVP Peter Smith approached me, saying he was scraping the bottom of the barrel, and would I consider being JVP.

I gave the request some thought and decided to give it a go, my reasoning was as follows:

- 1) Two years was a long way off;
- 2) Somebody was bound to object;
- 3) The top table seemed to get more than it's fair share of winners in the weekly raffle;

Look what happened:

- 1) Two years flew by;
- 2) Nobody objected – so much for friends;
- 3) I imagine that the nearest I will get to the wine is handing it over to a lucky winner;

*continued on page 2*

## EDITOR'S NOTE

Due to technical difficulties and work commitments, the July and August editions of the Orwell Newsletter have been combined into a single issue. I hope that this hasn't caused any inconvenience. Regards, Steve. ■

## Kids Out

Words By Brian Beason

Pictures By Martin Hough

Wednesday 9<sup>th</sup> June was Rotary Kids-Out Day and once again Ipswich Orwell were pleased to participate. Six Rotarians accompanied families from The Stone Lodge Lane Family Centre on a day out at Colchester Zoo. A total of 40 parents and children were transported from their homes to the centre and then by coach to the zoo. The weather was kind and a most enjoyable day was had by all.



*Who ordered the Chicken Rice?*

Packed lunches and other goodies were provided by the Club, who received a nice letter of thanks from Stone Lodge Family Centre.



*My prefects won't take any nonsense*

The event was organised Sue Goddard with the help of several other Rotarians and Inner Wheel members. Thanks to all who helped. ■

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So, it was with some apprehension that I took over the chair on Wednesday 30 June, however, thanks to the marvellous support of all those present, I soon lost my apprehension.

I thought the evening, both in atmosphere and presentation by Rick and his staff at The Compasses, was first class and I hope that everybody had the same impression.

Next year is the centenary of Rotary, and hopefully we will have a full and interesting programme of events and speakers.

As you will be aware, our main home charity is Cystic Fibrosis. Let us try in some way to ensure that children of future generations will not be faced with this condition.

Our first big fundraising event is the Alton Water Challenge, so can we all give as much help to Malcolm and his team to make this event a success. I should like to take this opportunity in putting down on paper or by IT my sincere thanks to all members of the Club, who will be part of the team this year. I will try and make sure that we enjoy ourselves and that goes for the whole Club.

Finally, I would like to thank Derek and Tony for their sterling work and I know that they can be relied upon to play their part as 'back-benchers'.

Yours in Rotary,

*Alan* ❖

## Notice Of Vocational Social Event For Members' Families & Friends

Friday 13th August 2004

**Guided Tour Of Landguard Fort, Felixstowe,**

At 6.30pm (Sharp)

Followed By

**Fish & Chips Supper**

At Felixstowe Ferry Sailing Club At 8.15pm (Approx)

**Cost:** Tour Only:- Adults £3 – Children £1

Tour & Supper :- Adults £10 – Children £5

## Rotary Shoes For Kids

By Martin Hough

The Rotary Club of Chang Puak Chiangmai, in Thailand, is seeking other clubs to join it in a special project to mark Rotary International's 100th Anniversary year.

Many tourists do not realise how much stark poverty there is in Thailand, especially in the north-east and in the north around Chiangmai. In these circumstances it is no wonder that many poor children have to do without things that in the West are considered necessities.

Several years ago, an article in the newspaper Bangkok Post highlighted an example: shoes.

"For years 12-year old Sunaree Panpong has walked barefoot over rugged dirt roads to get to school. Often, while hurrying along so as not to be late, her feet accidentally hit the rocks and tree stumps littering the road, making them bleed. On top of sustaining wounds, Sunaree also runs the risk of parasitic infection and, worst of all, attack by poisonous snakes.

Her daily barefooted journey has not just left scars on Sunaree's feet, but also on her psyche, especially when she compares herself to more fortunate friends. "I was born into a poor family. My parents have no money for all the basic necessities, even a pair of shoes.... They have to spend money on other important things like food, medicine and milk for my two sisters. I feel inferior when I see my friends with their shoes. I have to swallow my sorrow, I have to remind myself that I'm already luckier than many other poor children who don't even have the chance to go to school" said the soft spoken girl.

Sadly, Sunaree's plight is not the exception but typical among poor rural children.

The Rotary Club of Chang Puak Chiangmai has re-created a new "Shoes for Kids" campaign to encourage the donation of money to buy shoes for these children. We cannot really improve the children's quality of life much with just a pair of shoes, but we want to help make their lives a bit easier.

The Rotary Club of Chang Puak Chiangmai will purchase these shoes and distribute them directly to the needy children. The Rotary Club of Ipswich Orwell is acting as collecting agent in Great Britain.

More information is available on the Shoes For Kids website, which is [www.rotaryshoesforkids.org.uk](http://www.rotaryshoesforkids.org.uk)

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# RIBI News

From Rotary Magazine – August 2004

Welcome, to this the New Rotary Year. What a challenge there is before us. 'The Rotary Community First Responders' will enable Rotarians and their Clubs to make a major contribution to help dramatically improve the changes of people suffering from a Heart Attacks to recover and to be able to continue their lives. This is an RIBI Preferred Project for the Rotary Year 2004/5 in conjunction with Lifesavers.

We are not asking for Rotarians to become Responders (of course if they wish too then they will be encouraged to do so) the Preferred Project asks for Rotarians and their Clubs to facilitate the establishment of First Responders in a Community(s). How do Clubs set about this task? How do Clubs know where such groups are required?

I shall try and answer some of these questions; the first contact could be made through your local ambulance service and they will be able to provide information as to the areas and/or workplaces where such a scheme would help a community. The main purpose of a Responder Group is to provide assistance during the first few minutes of a heart attack, these are the most critical and if help can be given within the first eight minutes of a heart attack then the changes of recovery are much greater. For every minute help (known as defibrillation) is delayed the chances of survival diminish by 8 to 10%.

The ambulance service has trained paramedics but they cannot for logistical reasons arrive to assist a heart attack victim within 8 minutes hence they seek the assistance of local communities to have a group of supporters who can be on call on a rota basis so the Ambulance Service can call on them should the need arise. The emergency 999 call will NOT be made to the volunteer but through the emergency 999 channel (or as appropriate to the country involved).

It has been suggested that Responder Groups should be established in workplaces, shopping centres, and village and out of town communities. These are all areas that Clubs can consider but first please consult with your local Ambulance Service.

What else can Clubs do? Groups once established will need a First Aid Defibrillator that will have to be purchased and Clubs may feel that they could provide the finance to acquire one. They cost in the region of £1600.00.

Clubs may also wish to have a speaker at their Club or at a District meeting; speakers can be arranged

through Lifesavers, the Ambulance Service, St John's Ambulance Service and the British Heart Foundation as well as Lifesavers. It is my intention to collate a list of speakers for RIBI and to have them available on the RIBI website under the section of Community/Vocational Service.

As this is the Centenary Year of our organisation let us ensure that it will be remembered as the one where we as Rotarians and Clubs leave a legacy for which we will be remembered and thanked in the years and generations to come as well as by those who will continue to enjoy life.

Let us together 'Make it Happen'.

## Centennial Awards

In the last issue of our magazine I mentioned about the two new Awards that will be presented at the RIBI Conference in Manchester next April. Please let your District Community/Vocational Chairman have your entries by the 31st December if not before. Over the last few months I have been most impressed by the projects that Clubs have established for both Community and Vocational Service. Please submit your projects so that they can be recognised by RIBI. The criteria, if you do not already have them, are available on the RIBI website under the Community/Vocational Service section.

## Vocational Service Seminar

Planning of the programme for the Vocational Service Seminar is well under way and invitations will be sent out to the District Community/Vocational Chairmen shortly. The day will be devoted to Vocational subjects and role Rotarians can play in using their Vocational skills.

## Thanks

I should like to take this opportunity to thank the members of my committee and District Chairmen who are not continuing this year. The work these Rotarians have undertaken over the past months and years is much appreciated and without their dedicated service Community and Vocational service would not have made the strides that it has. To them I will just say - you will be missed.

## Welcome

To the Rotarians who have joined the RIBI Committee and to the Chairmen and members of District Committees I welcome you all to this the Centenary Year of our great organisation. I hope that you enjoy your involvement with Community/Vocational Service and I am sure that you will see this year is the most successful to date – Welcome.

## Robin Jones

*Chairman RIBI Community/Vocational Service Committee*

■

# Presidential Handover In Brief

Wednesday 30th June 2004

By Gordon Kember

After a splendid reception at the Lonsdales we repaired to the Compasses.



Outgoing President Derek Firmin hands over to President Alan Lonsdale.



Outgoing President Derek Firmin was rewarded with a flame-throwing WMD



Janet Firmin deservedly received our thanks and a bouquet of flowers.

## CALENDAR OF EVENTS

[www.ispwichorwellrotary.fsnet.co.uk/diary](http://www.ispwichorwellrotary.fsnet.co.uk/diary)

AUGUST 2004

WEDNESDAY 4TH

12.55 pm Town Hall Lunch + District Governor's visit

TUESDAY 10TH

5.45pm. Club Council meeting at King Pin, Martlesham

WEDNESDAY 11TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

FRIDAY 13TH

6:30pm Guided tour of Landguard Fort with Fish & Chip supper at Felixstowe Ferry Sailing Club.

WEDNESDAY 18TH

12.55 pm. Town Hall + Frugal Lunch + Business Meeting

WEDNESDAY 25TH

No Meeting - Scatter Week

SEPTEMBER 2004

SUNDAY 5TH

Afternoon. RYLA Open Afternoon at Grafton Water Centre

WEDNESDAY 8TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

SUNDAY 12TH

Morning. Alton Water Challenge.

TUESDAY 14TH

5.45pm. Club Council meeting at King Pin, Martlesham

WEDNESDAY 15TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

WEDNESDAY 22ND

12.55 pm. Town Hall Lunch + Speaker (TBA)

WEDNESDAY 29TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

OCTOBER 2004

FRIDAY 1ST TO SUNDAY 3RD.

District Conference at Stratford on Avon

WEDNESDAY 6TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

FRIDAY 8TH

Evening. Charter Night Dinner at Ipswich Golf Club

TUESDAY 12th

5.45pm. Club Council meeting

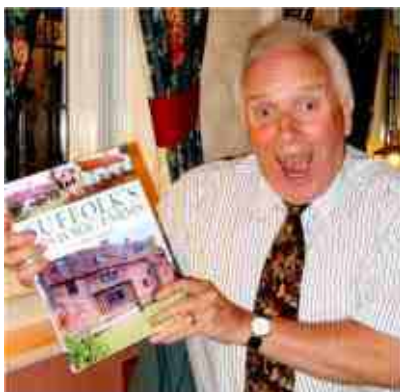
*Calendar Of Events, continued on page 5*



JVP Philip Morgan and SVP Eddie Marsh in their new gongs formed an alliance.



Incoming Secretary Martin Hough appeared very happy in his new role.



Outgoing Secretary Tony Hill delightedly made off with a rare first edition.

OCTOBER 2004 CONTINUED

WEDNESDAY 13TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

WEDNESDAY 20TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

WEDNESDAY 27TH

12.55 pm. Town Hall Lunch + Speaker (TBA)

DECEMBER 2004

SATURDAY 18TH

Evening Christmas Dinner at Ipswich Golf Club

WEDNESDAY 22ND

12.55pm Town Hall Christmas Lunch

FEBRUARY 2005

SUNDAY 27<sup>TH</sup>

Centenary Service at Bury St Edmunds Cathedral

MARCH 2005

WEDNESDAY 30<sup>TH</sup> TO THURSDAY 31<sup>ST</sup>

RIBI President visits District 1080

MAY 2005

SATURDAY 7<sup>TH</sup>

District Assembly

THURSDAY 12<sup>TH</sup> TO SUNDAY 15<sup>TH</sup>.

Rotary Club of Hanau-Maintal Visit To Ipswich



Treasurer Bob Fox totted up and was amazed to find that he had broken even.

It was a good evening. ■